



Trading Symbol: RRO - TSX-V
 Shares Outstanding: 112,127,490

News Release No. 16-09
 November 3, 2009

**ROYAL ROADS & BENTON MAKE NEW DISCOVERY OF
 29.2 METRES SEMI-MASSIVE TO MASSIVE SULPHIDES
 GRADING 0.39% COPPER and 0.032% COBALT**

Royal Roads Corp. (RRO-TSX-V) ("Royal Roads") and **Benton Resources Corp. (BTC-TSX-V)** ("Benton") announced results from a recently completed two-hole diamond drilling program designed to test a recently discovered copper-bearing sulphide zone on the Long Range Joint Venture in central Newfoundland. Drill hole LR-09-02 intersected 29.2 metres (37.9 metres core length) of semi-massive to massive sulphides while testing a strong conductive anomaly defined by VTEM airborne geophysical surveys completed by Geotech Ltd. in 2008. This discovery has been named the **Range Zone** and returned assays averaging **0.39% copper and 0.032% cobalt over 29.11 m** (estimated true width). Copper and cobalt grades within the zone range between 0.17% and 1.44% copper, and 0.007% and 0.127% cobalt, while nickel, silver and gold assays were negligible. A table of analysis for this interval is presented below.

From (m)	To (m)	Copper %	Cobalt %
92.00	93.00	0.19	0.020
93.00	94.00	0.43	0.031
94.00	95.00	0.29	0.044
95.00	96.00	0.31	0.046
96.00	97.00	0.70	0.038
97.00	98.00	0.96	0.020
98.00	99.00	0.33	0.022
99.00	100.00	0.21	0.028
100.00	101.00	0.29	0.013
101.00	102.00	0.38	0.031
102.00	103.00	0.23	0.017
103.00	104.00	0.68	0.014
104.00	105.00	0.34	0.007
105.00	106.00	0.79	0.016
106.00	107.00	0.45	0.027
107.00	108.00	0.18	0.022
108.00	109.00	0.23	0.019
109.00	110.00	0.26	0.047
110.00	111.00	0.34	0.023
111.00	112.00	0.27	0.010
112.00	113.00	0.37	0.007
113.00	114.00	0.26	0.019
114.00	115.00	0.28	0.025
115.00	116.00	0.17	0.043
116.00	117.00	0.15	0.033
117.00	118.00	0.36	0.009
118.00	119.00	1.44	0.008
119.00	120.00	0.31	0.025
120.00	121.00	0.15	0.127
121.00	122.00	0.13	0.053
122.00	123.00	0.18	0.035
123.00	124.00	0.52	0.016
124.00	125.00	0.24	0.124
125.00	126.00	0.34	0.032
126.00	127.00	0.49	0.030
127.00	128.00	0.22	0.032
128.00	129.00	0.31	0.042
129.00	129.80	0.17	0.036

ROYAL ROADS CORP. – RRO - TSX-V

20th Floor • Purdy's Wharf Tower II • Suite 2001
 1969 Upper Water Street • Halifax • Nova Scotia • B3J 3R7 • Canada
 Local Phone: (902) 444-3637 • Toll Free Phone (877) 444-7774 • Fax: (902) 444-3296

Mineralization is comprised of pyrrhotite with lesser pyrite and chalcopyrite hosted by deformed mafic rocks of presumed Ordovician to Silurian age. The discovery hole, LR-09-02, was the second of two holes collared to test a copper showing and the associated VTEM anomaly. The first hole, LR-09-01, was collared 80 metres northeast of hole LR-09-02, and appears to have stopped short of the zone. The associated VTEM anomaly is estimated to be at least 360 metres long, dip steeply to the southeast, and plunge gently to the southwest. The discovery is located 1.3 kilometres east of the Puddle Pond Gabbro. Royal Roads and Benton recently announced discovery of magmatic nickel-copper sulphides within trenched bedrock exposures of Puddle Pond Gabbro 3.3 kilometres west northwest of the Range Zone.

Sulphide abundances and textures are noted to vary over the intercept's length, with total sulphide abundances visually estimated to range from 20% to 30% between 91.9 and 99.5 metres (5.9 m estimated true width), from 40% to 50% between 99.5 and 119.6 metres (15.5 m estimated true width), and from 75% to 90% between 119.6 and 129.8 metres (7.9 metres estimated true width). The zone's upper contact is marked by a 10 cm gouge zone (fault) while the zone's lower contact is marked by a chilled diabase dyke. Minor sulphide mineralization is also observed within other fine grained mafic rocks below the main mineralized zone.

Royal Roads and Benton are very encouraged by the thickness of the zone and the uniform distribution of the copper-cobalt mineralization. A second phase drill program is presently in the planning stage to test for zones of higher base metal concentrations in what has the potential to be a large accumulation of massive sulphides. The companies also believe this discovery underscores the high prospectivity of this area, which remains one of the least explored areas of Newfoundland and Labrador.

Update On Diamond Drilling Of Newly Discovered Nickel-Copper Sulphide Zone

The companies have completed four drill holes designed to test magmatic nickel-copper sulphides discovered within the 5 x 21 kilometre, Puddle Pond Gabbro (news release dated October 28, 2009). This mineralization, now referred to as the **Portage Nickel prospect**, was discovered by bedrock trenching of a VTEM conductive anomaly and returned assays of up to 2.70% nickel, 0.58% copper and 0.24% cobalt in grab samples, as well as sawed channel samples of up to 2.18% nickel, 0.19% copper and 0.11% cobalt over 1.0 metre. Drill cores have been logged and sampled and results will be released upon receipt of assays.

New Staking

In light of recent positive results obtained on the project, the companies staked an additional 650 claims (162 km²) in six additional properties located less than 25 km from the original property. Each additional property covers prospective gabbro analogous to the Puddle Pond Gabbro. As a result, the Long Range Joint Venture now covers more than almost 40,000 ha or 398.25 square kilometres.

Background

The Long Range project is a 50/50 joint venture between Royal Roads and Benton with Royal Roads as the operator. The property is subject to net smelter royalties of up to 2%, of which 1% can be purchased for \$1 million. Portions of the property are subject to underlying option agreements requiring cash payments and share issuances for the joint venture to earn a 100% interest. The project was acquired to explore for magmatic nickel-copper sulphide deposits within a previously unexplored area, recently recognized to be prospective for magmatic sulphide deposits. The project is well situated with ready access to a paved highway, power and port facilities.

Qualified Person

Paul Moore, M.Sc., P.Geo., (NL), Royal Road's Vice President of Exploration, is acting as Qualified Person in compliance with National Instrument 43-101 with respect to this release and has reviewed the contents for accuracy. The drilling program was supervised by Paul Moore and David Butler, B.Sc. (Hons), P. Geo (NL), Royal Roads' Exploration Manager. Logging, sampling and assaying procedures were completed as per Royal Roads' QA/QC protocols as described in Royal Roads' press release dated February 27th, 2007. All assays were completed by Eastern Analytical Limited of Springdale, Newfoundland by the ICP (Inductively Coupled Plasma Optical Emission Spectroscopy) method (ICP-11) and Ore Grade Assay for Cu and Co by the atomic absorption (AA) method. Gold assays were completed by standard ½ assay ton fire assay using

the AA method. Appropriate QA/QC protocols were applied, including duplicate analyses and monitoring of assay results through the insertion of control standards. Estimated true widths are based on measured core angles and correlation with airborne geophysical data.

About Royal Roads

Royal Roads is a resource company based in Halifax, Nova Scotia, Canada and is primarily focused on exploring and developing mineral properties in the famous historic Buchans mining camp in central Newfoundland, Canada. Acadian Mining Corporation (ADA-TSX) owns 29.18% of Royal Roads.

About Benton Resources

Benton is a Canadian based junior with multiple joint ventures and a diversified property portfolio in Gold, Nickel, Copper, and Platinum group elements which can be view on the company's web site post below. The company currently has approximately \$15.0 million in cash, owns a 32.2% interest in Coro Mining Corp (TSX: COP.TO), holds an approximate 5% interest in Marathon PGM Corp (TSX: MAR.TO) and retains a 2% Net Smelter Royalty on the northern portion of the Marathon PGM deposit.

Forward Looking Statements

Certain information contained herein may constitute forward-looking statements within the meaning of applicable securities laws. Forward-looking statements may include estimates, plans, expectations, opinions, forecasts, projections, guidance or other statements that are not statements of fact. Although Royal Roads and Benton (the “Companies”) believe that the expectations reflected in such forward-looking statements are reasonable, they can give no assurance that such expectations will prove to have been correct. The Companies caution that actual performance will be affected by a number of factors, many of which are beyond their control, and that future events and results may vary substantially from what the Companies currently foresee. The Companies’ forward-looking statements are expressly qualified in their entirety by this cautionary statement.

FOR FURTHER INFORMATION, PLEASE CONTACT:

Royal Roads Corp.

Will Felderhof, President & CEO

David Felderhof, Vice-President

Ph: (902) 444-3637

Halifax, Nova Scotia

www.royalroadscorp.ca

Benton Resources Corp.

Stephen Stares, President & CEO

Ph: (807) 475-7474

Thunder Bay, Ontario

www.bentonresources.ca

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.